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MESSAGE FROM THE PRESIDENT

30 years in a changing world

We can be satisfied with our activity in 2023 in many respects. We've seen continued development in our actions as an international solidarity association targeting vulnerable people in Switzerland and throughout the world to ensure sustainable access to healthcare.

Our budget is also increasing, meaning we can conduct more actions on the ground and have greater impact as an association working to improve global health. A significant portion of our funds are granted by international donors on the basis of highly competitive and demanding selection processes. This shows that our action is considered serious and relevant thanks to the competence of our teams both at headquarters and in the field.

But international cooperation is not always smooth sailing. While our good financial year in 2023 is certainly very satisfying, we need to prepare for the future. Major changes are coming and will have a lasting impact on our work, in terms of what types of actions we carry out, our funding, and how we operate. It's our duty to anticipate these changes if we are to continue to provide care, bear witness, and support social change.

Increase in the number of crises (more humanitarian emergencies and less development), decline in public funding for development objectives, contradictory demands between traceability of spending and local decision-making: To address these challenges, Médecins du Monde Switzerland is undergoing change. Our actions in 2023 and our 2024-2028 strategy reflect how we have taken this new context into consideration.

What motivates us to anticipate and adapt to the coming changes? It's our conviction that Médecins du Monde's mission is highly relevant in a world marked by growing inequalities that lead to an increasing number of people in vulnerable situations. Access to healthcare for all remains a struggle of the utmost importance. True to our values of independence, social justice, and activism, we are evolving in this changing world, with the sole aim of strengthening our actions to benefit the most vulnerable people.





Laurent LOB and Antoine KERNEN

Co-Presidents

PROGRAMS MAP

THE MÉDECINS DU MONDE INTERNATIONAL NETWORK WORKS IN 75 COUNTRIES ON 410 PROJECTS

AFRICA

Algeria / Benin / Burkina Faso / Cameroon / Central African Republic / Côte d'Ivoire / Democratic Republic of Congo / Egypt / Ethiopia / Madagascar / Mali / Mauritania / Morocco / Mozambique / Niger / Nigeria / Sahrawi Arab Democratic Republic / Senegal / Sierra Leone / South Sudan / Tanzania / Tunisia / Zimbabwe.

THE AMERICAS

Argentina / Bolivia / Canada / Colombia / Dominican Republic / El Salvador / Guatemala / Haiti / Honduras / Mexico / Nicaragua / Paraguay / United States / Venezuela.

ASIA

Afghanistan / Cambodia / Japan / Laos / Malaysia / Myanmar / Nepal / Pakistan / Philippines.

EUROPE

Armenia / Belgium / Bosnia / Bulgaria / Croatia / France / Georgia / Germany / Greece / Italy / Luxembourg / Moldova / Netherlands / Poland / Portugal / Romania / Russia / Slovakia / Spain / Sweden / Switzerland / Ukraine / United Kingdom.

MIDDLE EAST

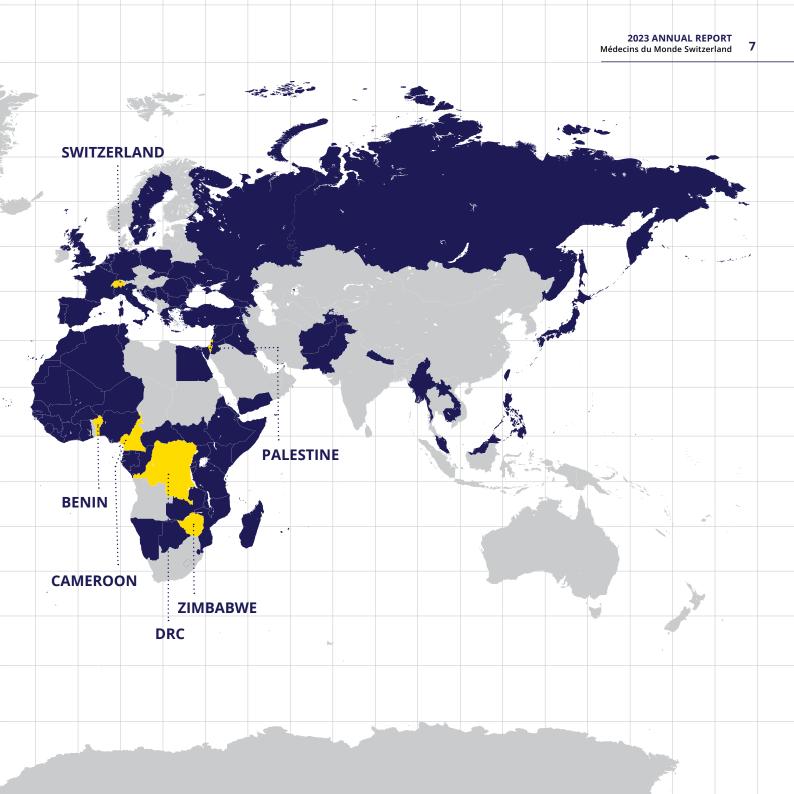
Iraq / Lebanon / Palestine / Syria / Turkey / Yemen.

MDM
SWITZERLAND
29 PROJECTS
IN 9 COUNTRIES

MEXICO

NICARAGUA

HAITI



YEAR IN REVIEW

BUDGET

Budget executed in 2023:

CHF 11.3 million

HUMAN RESOURCES



284
MdM staff and volunteers

184 employees

- 157 national employees working in the field
 - 8 international employees working in the field
 - 19 employees at our headquarters

100 volunteers (including Board members)

Together, we supported more than 1.5 million people worldwide in 2023.

16,661

victims of violence (men, women, and children) were provided care. over 140,000

women and children improved their knowledge and skills on sexual and reproductive health and rights (SRHR).

24,000

births were attended by healthcare personnel trained by Médecins du Monde teams.

445

community initiatives to eliminate genderbased violence (GBV) and promote SRHR took place. 130,000

women, men and children participated in discussions on SRHR and GBV.

75

national or international policy measures, initiatives, or processes were supported in the field of health and rights.

Over 120

local partners

OUR WORK IN FIGURES

WHAT WE WORK ON

Prevention of violence and care for victims

Médecins du Monde is committed to working against the scourge of violence, which represents a major public health challenge. Our activities are designed to prevent acts of violence as well as to provide victim-centered support.

In 2023, we continued to promote positive masculinity in our various actions in the field. This approach is used to reduce the risks of violence and discrimination by encouraging healthy, egalitarian relationships. Meanwhile, we explored various preventive measures aimed at helping perpetrators of violence to abandon their harmful behavior and adopt respectful interactions.

Our capacity to provide comprehensive and integrated care for cases of violence was considerably bolstered by the establishment of two new holistic centers – one in Haiti and one in Cameroon. These centers provide all the services needed to help victims medically, psychosocially, legally, and judicially, thereby ensuring quality assistance to those who need it.

We have also been successful in including modules on violence in certain university courses. These help to train future health professionals to recognize and treat victims of violence with empathy.

This progress has been made possible thanks to the synergy among MdM, state actors, and civil society organizations with which we conduct advocacy work to make elimination of violence a reality.

Sexual and reproductive health and rights (SRHR)

SRHR is a broad concept that includes both health and the right to make sexual and reproductive decisions. SRHR represents several rights: the right to have control over and decide freely on matters of sexuality; the right to lead an enjoyable, safe, and freely chosen sex life free from coercion, discrimination, and violence; and the right to have access to health services and professionals who support those rights. SRHR, women's empowerment, and gender equality are crucial for reducing poverty and promoting development around the world.

While much progress has been made globally, many challenges remain. Yearly reductions in maternal deaths have stagnated since 2016, and 164 million women of reproductive age worldwide lack access to family planning services. Headway is unequal among countries. Every 13 minutes, a woman dies from an unsafe abortion. Every year, 500,000 girls aged 10 to 14 and 12.8 million adolescent girls aged 15 to 19 give birth.

We are committed to ensuring SRHR for all, and to addressing the social, cultural, economic, and gender barriers that prevent those rights from being fully achieved.

Mental health

The projects implemented by Médecins du Monde work to protect and promote the psychosocial wellbeing of individuals and people in general. This crosscutting approach promotes a positive and sustainable impact from our action.

Whether due to poverty, exclusion, or insecurity, people living in the most precarious situations are more exposed to the risk factors of mental health. Such precarious conditions also create multiple barriers to healthcare access. To support these vulnerable people, we use psychosocial support tools adapted to socio-cultural contexts and individual needs. An example is our suicide prevention actions. Our response includes screening, support, and referrals for people in situations of psychological distress and at risk of suicide. We also target long-term impact by training health professionals and by supporting communities in strengthening their local social fabric. In 2023, the mental health needs of victims of gender-based violence (GBV) continued to be a focus of ongoing attention.

At the systemic level, we provide support to psychologists' associations, academics, and ministries of health in bolstering mental health resources.

But we also carry out specific activities for healthcare personnel and front-line workers, who are often at high risk in their mental health because of their stressful work environment.

Pediatric palliative care (PPC)

Médecins du Monde is committed to helping children with incurable diseases who experience physical, psychological, and social suffering. Indeed, addressing the suffering of children under palliative care is a particular challenge when the healthcare system is limited and their families are poor.

We provide support for health system strengthening and for healthcare workers via training and clinical support at hospitals as well as through professional training courses. We also promote the development and sharing of theme-based knowledge to back up our partners and network of stakeholders.

Our theme-based advocacy seeks to firmly and sustainably include palliative care into countries' health policies. We are active in Cameroon, Nicaragua and the DRC and – together with our local partners – we support patients to alleviate their physical and overall pain and the psychosocial suffering of their families.



Donors: (La Maison de Santé health center project): Republic and Canton of Neuchâtel, Public Health Department, Department of Employment and Social Cohesion. (P.A.S.S./Thays project): Federal Office of Public Health (FOPH); Fondation Philanthropique Famille Sandoz; Republic and Canton of Neuchâtel, Public Health Department; ASPASIE; City of Neuchâtel, Dicastère of Family, Training, Health and Sports. Federal Office of Police (Fedpol). (Homeless project): City of Renens; Swiss Solidarity; Government of Vaud, Directorate General of Health, Department of Health and Social Action.

Direct costs: CHF 891.344

Partners: Aspasie, Association Appartenances, Association Sleep-In, Caritas Vaud, Centre Neuchâtelois de Psychiatrie (CNP), City of Lausanne Social Services (SSL), Fleur de Pavé, Fondation AACTS, Fondation Le Relais, Fondation Mère Sofia, Fondation Point d'Eau Lausanne, Générations Sexualités Neuchâtel, Government of Vaud (Department of Health), Haute École Arc, Le Point d'Appui, Neuchâtel Red Cross, Nomad, Pharmaciens Sans Frontières (PSF), Plateforme Bas-seuil (PSB), Plateforme Nationale pour les Soins de santé aux Sans-Papiers (PNSSP), Plateforme Précarité Neuchâtel, Plateforme Précarité Riviera, ProCore, Republic and Canton of Neuchâtel (Public Health Department, Migration Department, Multicultural Cohesion Department, Office of Labor Relations and Conditions, Public Ministry), Réseau Hospitalier Neuchâtelois (Rhne), Salvation Army (La Marmotte), SAVI, Swiss Red Cross, Unisanté.

Total number of beneficiaries: 4.500

SWITZERLAND

Types of actions: Access to healthcare for vulnerable people, Mental healthcare, SRHR

Nearly 4,500 people benefited from our support in Switzerland in 2023, through our three projects in the cantons of Neuchâtel and Vaud. This figure represents about 1,000 more people than in 2022, proof that the needs in Switzerland are real. It is also illustrative of the efforts made to bolster our actions. During 2023, we focused on consolidating the quality and availability of our activities. Our strategy has paid off, and now this work must continue so that we can ensure development to meet the needs.

Healing injustice and fighting precariousness

The situations our teams encounter on a daily basis pose many challenges. For example, the arrival of hundreds of people from Ukraine has put pressure on the healthcare system and revealed significant differences in care compared to migrants from other regions. The specific context of asylum involves its own difficulties, forcing us to work constantly each day for these migrants under tight constraints. This also has an impact on our ability to take care of undocumented people, for whom we are often the only possible recourse for healthcare.

Meanwhile, the prostitution system has transformed since the pandemic, with sex workers pushed into riskier practices and greater mobility, making it more complicated to deliver prevention messages and individualized support. Sex workers are reporting that they suffer violence as a result of their activities; this is a cause of great worry and shows that improvement is still needed in the mechanisms for preventing violence and protecting victims.

There is also a problem in the Canton of Vaud of access to housing for the homeless, which is still largely insufficient despite the considerable efforts made. As a result, the health challenge for people living on the street is by no means a minor one: they need unconditional access to healthcare and suitable orientation services more than ever. Our activity must be accompanied by access to second-line services, where many barriers remain.

In these various contexts, we carry out actions that are complementary to public health services. Great agility and extensive skills are required to meet the very diverse needs on the front line, to which we must also constantly adapt. The work we've begun to improve quality must also help nurture our advocacy activities: if our actions do indeed fill in gaps, then we must be able to say what still needs to be improved and give ourselves the means to be a credible actor to accompany the changes needed and to be a driving force behind proposals in the future.



Homeless project

The Department of Health of the Canton of Vaud provided us funding for the first time, for our activities with homeless people. This was a big step forward for our project, which is proving to be an important tool in providing access to healthcare for the most vulnerable. Our centers throughout the canton were open a total of 500 times and received visits from 1,500 people, including 926 new beneficiaries.

La Maison de Santé health center

In La Chaux-de-Fonds, *La Maison de Santé* continued its work with migrants. Thanks to support from the public health department, we were able to continue receiving asylum seekers who had fled Ukraine and to refer them to healthcare. A project with the cantonal department for multicultural cohesion has helped bolster our activities in the field of mental health and the promotion of this theme among stakeholders active in the field of migration.

In 2023, 2,941 consultations were carried out at *La Maison de Santé* and at the various cantonal asylum reception centers. To this can be added the on-site consultations provided by our partner physicians and the nearly 500 administrative consultations required for patient referral and follow-up.

Thays project

In the Canton of Neuchâtel, the activities of the P.A.S.S. project, now known as Thays, began a reorientation last year. Its mission of working with the canton's sex workers has now been clarified and given realistic resources to benefit the target population. The project team also carried out a valuable study on illegal sex work in the canton, enabling us to fine-tune our program choices, especially in access to beneficiaries. Around 100 people have benefited from the project's support.

Scoping in Bern

Scoping was carried out in the city of Bern to assess the health needs of homeless people. It gave rise to a number of exchanges there. The results provided us with an understanding of the specific issues of this region and of beneficiaries' needs. This step was an essential prerequisite for planning a future project, which we hope to be able to put into action soon, in cooperation with other local stakeholders.



Donors: Enabel; AMC; SDC; World Bank/SWEDD Project/Lead Educo; UNICEF; UNFPA; Canton of Geneva, Service for International Solidarity; Fedevaco: Swiss Solidarity.

Direct costs: CHF 2,117,559

Partners: Institutional partners: Ministry of Health (MS); Ministry of Social Affairs and Microfinance (MASM); Ministry of Secondary and Technical Education and Vocational Training (MESTFP); Ministry of Pre-school and Primary Education (MEMP); Ministry of the Interior and Public Security; Institut National de la Femme (INF); Plateforme Nationale des Structures Religieuses engagées pour la Promotion de la Santé en Bénin (PNSR-PS/B). Implementation partners: Association des Jeunes pour La Promotion de l'Education et de la Culture - AJePEC; Actions Plurielles; Association Pour l'Education, la Santé et la Sexualité en Afrique (APESSA); Réseau Ouest Africain des Jeunes Femmes Leaders (ROAJELF); Cercle International pour la Promotion de la Création (CIPCRE); Terres Rouges; Association Culturelle Thakamou Culture Arts; Beninese Red Cross.

Total number of beneficiaries: 524,780 beneficiaries including 398,329 girls/women.



Types of actions: Violence prevention and care, Mental health, SRHR

The year 2023 was marked by an increase in the volume of MdM activities, which were carried out even more closely on the ground to help protect vulnerable people and ensure their sexual and reproductive rights.

The team adapted to the changing local socio-economic environment, and its dynamism enabled us to meet the target populations' needs and our partners' requests. The active participation of civil society partner organizations and community mechanisms, whose capacities have been periodically strengthened, have enabled us to reach more beneficiaries than planned on the various projects.

Protecting children and eliminating violence

In child protection and in violence prevention and management, the protection and self-defense system has been strengthened for 3,598 schoolchildren and apprentices. From among these, 1,710 girl victims have benefited from psychological counseling and/or care at departmental integrated coordination centers for care of GBV victims or at social promotion centers.

Sexual and reproductive rights, a constant challenge

SRHR activities targeting youth aged 10 to 24, parents, and community stakeholders highlighted prevention of early pregnancy, sexually transmitted infections, menstrual hygiene, and parent-child dialog.

These activities reached 348,767 people, including GBV victims who benefited from holistic medical, psychosocial, legal, and judicial care services. Financial support was provided to 132 female apprentices aged 15 to 24 enrolled in 62 apprenticeship workshops, along with support for food and work equipment. Additionally, 138 "Young Solidarity Entrepreneurs" were trained in entrepreneurship and specific knowledge about SRHR as well as provided with medical and non-medical equipment and consumables, thus helping to improve SRHR services.

Finally, our advocacy actions have helped to ensure that the gender approach is taken into account in higher education and that key stakeholders adopt a change in perception regarding access to safe abortion and a better understanding of the legal framework governing it.



CAMEROON

Types of actions: Violence prevention and care, Mental health, PPC

As part of its ongoing commitment to providing access to quality healthcare for vulnerable people in Cameroon, Médecins du Monde worked throughout 2023 to help ensure that essential health services are available. Our teams carried out several actions aimed at improving the health of vulnerable people, including prevention of and holistic care for GBV victims, access to maternal and child healthcare, and support for children suffering from incurable diseases.

Strong partnerships to ensure quality care

Thanks to our partnership with the Bamenda and Bafoussam regional hospitals, assistance was given to 284 GBV victims (81 girls, 3 boys, 194 women and 6 men). They received medical, psychological, social, and legal care adapted to their needs. Meanwhile, actions by our community network made up of mobile clinics conducted GBV awareness-raising, reaching 4,123 people in the cities of Bamenda, Santa, Mbouda, and Bafoussam.

We've also had a notable presence in the education system, where we work closely with basic education stakeholders in the West and Northwest regions to make schools a safe and protective environment for children. For example, the entire educational community of the six schools in Mbouda and Bamenda where our network operates has benefited from awareness-raising on violence, and 2,034 displaced children have enjoyed educational and recreational support.

Maternal, newborn, and child health: making access to care a reality

The implementation of our program to facilitate access to quality maternal, newborn, and child health-care has been rich in achievements. The program activities targeted vulnerable people in the health districts of Foumbot, Mbouda, Foumban, and Malentouen in the West Region, and Bamenda, Bamenda III, and Tubah in the Northwest Region. As a result, the technical facilities of 28 health centers were upgraded with a range of medical equipment, and capacities of 510 healthcare personnel were bolstered to provide quality care for common pathologies. In addition, community liaisons carried out awareness-raising activities on reproductive health issues among 65,063 people and carried out the deworming of 35,223 children via vitamin A supplementation.

Finally, thanks to our pediatric palliative care project implemented by the NGO Alternative Santé, 8 children suffering from incurable and painful conditions as well as their families benefited from medical and psychosocial care designed to improve their quality of life.





Types of actions: Covid-19, Violence prevention and care, SRHR, PPC

Haiti has been mired in a multidimensional crisis for decades, boosting the power of organized crime groups. In 2023, the crisis led to the displacement of over 310,000 people and to 5,350 homicides. Haiti's health situation is fragile: a new outbreak of cholera sent 35,000 suspected cases to the hospital and caused 1,160 deaths.

Despite these difficulties, Médecins du Monde was able to carry out actions in the Port-au-Prince Metropolitan Area (ZMPP), the Goâve region, and the Sud-Est department (Jacmel, Marigot, Belle-Anse).

Fighting the resurgence of the cholera epidemic

To address the new cholera outbreak, we conducted awareness-raising among 140,000 people on basic hygiene and on signs and symptoms of the disease, in addition to training 25 community leaders. Meanwhile, our healthcare activity there reached about 9,000 people by strengthening 25 health facilities, deploying 2 mobile clinics, and setting up 5 oral rehydration stations. We also worked to limit the spread of the epidemic by providing 25 health facilities with IPC/WASH and decontaminating over 2,000 homes.

Maintaining our regular programs in a country in crisis

In our work on SRHR, 1,669 people benefited from educational sessions on maternal health, family planning, and the prevention of sexually transmitted infections. Inputs and medicines were provided to 13 health facilities to improve the quality of their obstetrics and gynecology services.

Our work to eliminate gender-based violence (GBV) included continued efforts both in the ZMPP and in the Goâve region, where we conducted awareness-raising among some 250,000 people on the concepts of violence and set up 60 watch committees. In the ZMPP, we supported three safe spaces dedicated to GBV survivors.

In patient care, we bolstered the two communal referral hospitals in the Goâve region, as well as three hospitals in the Développement des Activités de Santé en Haïti (DASH) network in the ZMPP. These health facilities provided medical care for 2,778 cases of GBV and offered psychological support to 841 people.

Legal assistance was provided by the Haitian chapter of the International Association of Women Judges and Lawyers Without Borders Canada, with 38 legal cases handled. We also trained 25 women in incomegenerating activities and provided 110 women with an "empowerment pack."

At the end of 2023, MdM began reconverting a facility into a holistic center, with the goal of combining all GBV case-management services at a single site.



MEXICO

Types of actions: Violence prevention and care, Mental health, SRHR

In 2023, Médecins du Monde was able to reach more than 10,000 beneficiaries via 3 new projects. We also began the second phase of our project to eliminate GBV, thereby providing continuity to the actions carried out during the first phase. In San Cristobal de la Casas, activities to prevent GBV in schools, families, and communities via egalitarian gender relations reached 2,086 people, helping to improve their knowledge on not only GBV but also SRHR. This new phase was also an occasion to establish a partnership with ACAS A.C., a local association that runs a shelter and day center for female victims of GBV. We are setting up a medical office within the day center, to ensure a comprehensive approach. Ultimately, this pilot experiment should be replicated in other shelters across Mexico, to provide better and more holistic care for female victims of violence

We have also continued to train medical teams from public health institutions in respectful care and treatment of patients who are victims of obstetric violence and sexual violence.

Mobile clinic on the migration route.

With Mexico currently undergoing an acute migratory crisis, our team there has also set up a new healthcare project for migrants on the country's southern border, in the states of Tabasco and Chiapas.

Our team's mobile clinic was on the move constantly for a year between Tenosique, Palenque, and Salto de Agua, providing medical and psychological consultations for migrants in transit and for asylum seekers. These activities were rounded out with health promotion sessions. This project, which is still underway, is estimated to have reached over 8,000 people in 2023. At the same time, a joint project with the United Nations High Commissioner for Refugees (UNHCR) enabled us to identify and make referrals for 125 GBV victims in the region.

Finally, we implemented a project aimed at improving access to mental healthcare for human rights defenders in the state of Chiapas. For this issue that still receives too little attention, we've helped boost awareness by producing a self-care guide and a manual for use in developing institutional policies in mental health. The idea is to create a culture of well-being within human rights organizations. This project has seen the involvement by and training of 16 human rights organizations and 61 human rights defenders.



Donors: Canton of Turgau, Fondation Pierre Pfister, Commune of Grand-Saconnex, Canton of Graubünden.

Direct costs: CHF 35,000

Partners: AMCA (Association pour l'Aide Médicale Centro America), La Mascota Children's Hospital (part of Minsa), Nicaraguan Ministry of Health (Minsa).

Total number of beneficiaries: 950 children received quality palliative care in a hospital or at home. At least 200 healthcare staff underwent training and awareness-raising sessions on palliative care during the national Palliative Care Week.

NICARAGUA

Type of action: PPC

In partnership with the AMCA association, Médecins du Monde is continuing its pediatric palliative care (PPC) project in Nicaragua, especially with La Mascota pediatric hospital in Managua. In 2023, 733 children and their families received palliative care support. Of these, 217 were new patients, and 516 had been receiving care since 2022. Most of the children cared for were aged between 5 and 14 (75%) and were hematology-oncology patients. The number of patients provided with care increased by 16% over the previous year and saw a more even distribution between boys and girls. The number of patients benefiting from follow-up rose to 99 (24% more than in 2022), reflecting improved treatment capacity and longer survival.

Sustainability as a goal

The joint MdM/AMCA project arranged for a social worker, two nurses, and a psychologist to join the hospital's medical team to ensure holistic and palliative care for patients and their families. To make these activities permanent, we're working to have this multidisciplinary team become part of the hospital's paid workforce. Our advocacy is producing results: the Ministry of Health is gradually including some staff in its payroll, including a dentist in 2023 and nurses in 2024.

In 2023, 12 private rooms adapted to palliative care were built inside the hospital. Meanwhile, the first room for a non-oncology palliative patient was established, and the Ministry of Health has agreed to modernize and enlarge other rooms for this purpose.

Capacity building: tomorrow's challenge

To strengthen the skills of the healthcare staff, the 9th Palliative Care Week was held on October 9-13, 2023, with the slogan "Communities together in solidarity for palliative care." On this occasion, it was possible to visit the remote North Atlantic and Minas regions (capitals Bilwi and Siuna respectively), with which we had not had in-person contact the previous year, partly because the regions were in the hurricane-recovery phase. A total of 207 people were trained during Palliative Care Week, including healthcare professionals and students.

Finally, Médecins du Monde and AMCA are continuing to advocate for the adoption and dissemination of the current national palliative care standard. The technical group of eight specialists, which was enlarged to include two specialists from the Institute of Natural Medicine, met several times during 2023, mainly with management staff from the Ministry of Health and the External Cooperation Directorate.



PALESTINE

Type of action: Mental health

Médecins du Monde has been present in Palestine since 1994, providing quality mental healthcare to the most vulnerable people in East Jerusalem, the West Bank, and Gaza. This assistance has taken the form of both emergency humanitarian assistance and long-term sustainable actions.

In 2023, civilian deaths and repression in Palestine reached unprecedented levels. To address the growing need for humanitarian aid, we've strengthened our psychological healthcare offer and increased access to primary healthcare.

Increase in violent incidents in the West Bank

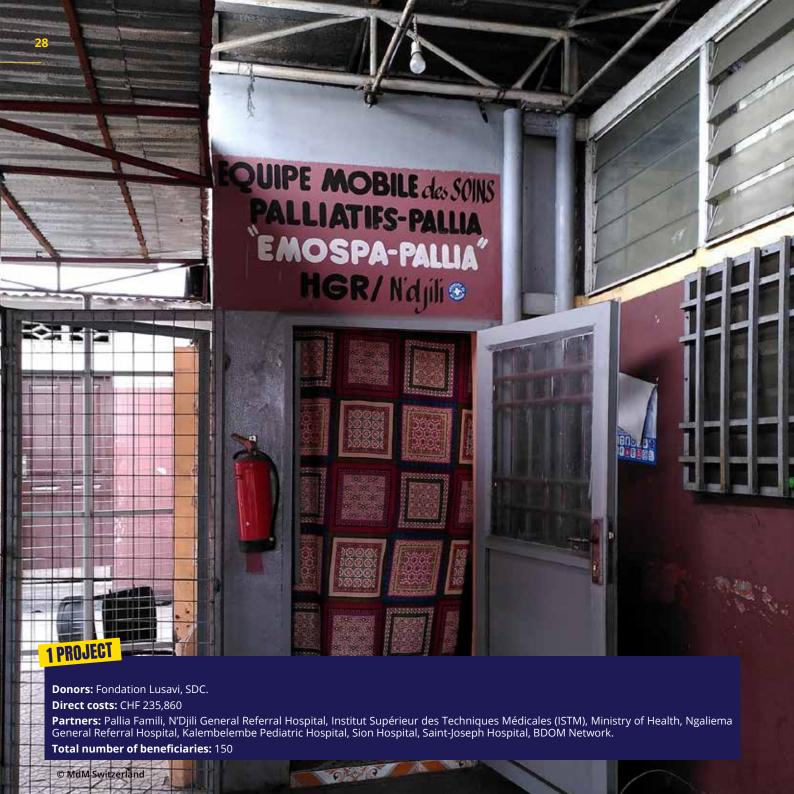
With a total of 506 people killed, 2023 was the deadliest year for the Palestinians of the West Bank. Since October 7, living conditions in the West Bank have suffered even more deterioration, including an increase in settlements being built, forced displacements, demolitions of homes, use of firearms, deaths, injuries, arrests, arbitrary detentions, and more.

Faced with the increase and intensity of settler violence, our teams have bolstered the coordinated protection system and access to mental healthcare. In 2023, 2,733 people received emergency assistance and care in response to violence. Meanwhile, we have continued capacity-building work targeting health and education authorities, community activists, and local associations by offering training in mental health. Over 348 people were trained in mental health disorders, early detection and referral of at-risk individuals, and stress management.

Gaza, on the brink of a humanitarian catastrophe

The war has thrown the people of Gaza into an unprecedented humanitarian catastrophe. Subjected to a blockade imposed by Israel, they have been suffering from shortages of essential goods, humanitarian aid, and medical treatment since 2007. In 2023, we continued to support professionals in medical facilities by strengthening access to mental healthcare. Our teams have performed in-depth work with medical professionals and civil society organizations to raise awareness and identify people at risk of attempting suicide.

Between October 7 and December 31, 22,185 people including over 5,350 children were killed, and almost 2 million people had to flee bombing by moving southwards. After several months seeking better protection, our teams resumed their activities in February 2024. These took the form of primary healthcare, recreational activities for the young children, and financial support for the households most impacted by the war.



DRC

Type of action: PPC

In the Democratic Republic of Congo (DRC), Médecins du Monde continued its Pediatric Palliative Care (PPC) project in 2023, in partnership with the Pallia Familli association. Pallia Familli is our preferred partner in Kinshasa thanks to its commitment since 2008 to palliative care for patients, its experience, and its local roots. The association has a presence in three of the city's health zones (Mont-Ngafula, Lemba, N'djili). It focuses on training medical personnel, providing holistic care for children and their families, and efforts to have PPC incorporated into the national health program. This latter objective is an important one because PPC is poorly integrated into the national healthcare system despite significant needs.

Children and their families are supported by a multidisciplinary team of doctors, nurses, physical therapists, spiritual advisors, music therapists, and social workers. In addition to their activities in partner hospitals, mobile teams visit patients and their families at home. In 2023, 150 patients were provided care, with an average of 10 consultations per patient. A total of 1,869 consultations were conducted at all the locations.

Making skills sustainable and stronger

In 2023, more than 20 new volunteers were trained; they now support the 22 members of Pallia Familli. Their role is to provide day-to-day support to the children in PPC and their families. To boost the skills of medical personnel and improve the quality of care, 117 healthcare professionals from the Saint-Joseph and N'djili hospitals and the Ngaliema clinic were trained in PPC. Scientific seminars were held to bring together

these professionals. Topics such as good prescription practices for opiates and multidisciplinary collaboration were discussed. In addition, a healthcare facility not yet practicing PPC was introduced to this approach.

In September 2023, a public health expert conducted an evaluation of the project, involving the Pallia Familli teams in Kinshasa, the various partners (hospitals, training institutes, etc.), and the beneficiaries and their families. The evaluation identified lessons learned from the years of collaboration and made recommendations to guide the project's future strategy.

In terms of advocacy and networking, Pallia Familli and MdM took part in the 10th International Congress of the Francophone Network of PPC, held in Geneva on November 23-24, 2023. Stakeholders from Europe, Africa and North America participated in conferences there to promote the universal development of PPC.



ZIMBABWE

Types of actions: Violence prevention and care, Mental health, SRHR

In August 2023, Emmerson Mnangagwa won the presidential election, which many consider to have been marred by many democratic irregularities. Also in 2023, the government amended the law on private voluntary organizations, with the stated aim of protecting and defending the country's sovereignty against destabilizing foreign interests. Many organizations, including the United Nations, have denounced the effects of this law and the narrowing of civic space, and they have urged the government to reconsider its position.

Currently, Zimbabwe has a very high rate of early marriage, with 34% of girls married before the age of 18. Also, society is severely impacted by the extremely precarious healthcare system, the shortage of qualified professionals, the lack of mental healthcare, the cholera pandemic, the high prevalence of victims of gender-based violence (GBV), unemployment, poverty, and rising inflation.

In March 2019, Cyclone Idai heavily damaged resources and infrastructure, leading to extensive flooding and landslides in Zimbabwe. To support the restoration of severely damaged healthcare services, MdM Switzerland started a project in the Chimanimani district of Manicaland Province in January 2020. From 2020 to 2023, we helped provide support to seven rural health facilities so that they could offer quality local consultations. This project involved renovation, equipment donation, and training of district health personnel and community managers. We worked in partnership with TSURO, which is in charge of community activities that include community mobilization, training of community leaders, and follow-up of referrals to health facilities.

In Zimbabwe, women and girls face problems linked to insecurity, exposure to sexual and sexist violence, and negative coping mechanisms that include transactional sex. The country underwent a sharp increase in protection problems during the COVID-19 lockdown, including a significant rise in violence.

In 2023, we conducted an exploratory mission, enabling us to envisage a strategic and operational reorientation of our activity. Family Support Trust (FST) has been identified as a solid and well-established medical NGO that offers medical and psychological care to GBV victims. Established in regional hospitals for over 20 years, FST clinics offer free services to patients in six of the country's provinces. In January 2024, MdM and FST initiated a partnership in Chitungwiza, an urban area in Harare Province.

MDM NETWORK EMERGENCY ACTIONS

UKRAINE

Médecins du Monde has been working in Ukraine since 2015 to provide comprehensive primary healthcare, including sexual and reproductive health services, mental health services, and psychosocial support. Prior to Russia's invasion in February 2022, MdM focused on the easternmost regions of Ukraine by improving access to comprehensive public health services for the people living on the former front line, a conflict zone separating territories controlled by the Ukrainian government and those under temporary Russian military control.

Since summer 2022, in response to the escalation of the conflict, the various MdM chapters present in Ukraine have coordinated their actions, which are based on experience they acquired in eastern Ukraine. In 2023, MdM Switzerland supported MdM Spain and MdM Germany in addressing the most urgent humanitarian needs of stricken people in the Zaporizhzhia and Vinnytsya regions. This work involved ensuring access to comprehensive healthcare services, especially for the most vulnerable groups such as internally displaced people, the elderly, and people with disabilities.

As part of this project, MdM delivered medical equipment and essential medicines to assist and support over 30 health facilities and over 10 temporary accommodation centers. The MdM network has trained healthcare personnel and set up mobile medical units to provide services in primary care, sexual and reproductive healthcare, and mental healthcare directly to the affected people.

Since the beginning of the conflict, special attention has always been paid to mental healthcare and psychosocial support for the population hard hit by violence.

As the project has led to positive and encouraging outcomes, these actions are continuing and were extended to the Kharkiv region in October 2023. Some strategic adjustments have been made, and MdM Netherlands has since then joined in the implementation of activities through its local partners.

One objective remains: to respond effectively to the urgent health and protection needs of the people affected by the armed conflict.

TURKEY - SYRIA

On February 6, 2023, a series of earthquakes struck southern Turkey and northwestern Syria, killing more than 58,000 people, displacing millions in both countries, and causing widespread destruction to homes and infrastructure in the region.

Médecins du Monde Turkey, France, and Spain, which were already present in the region before the earthquakes, provided an emergency response from day one in the affected areas. With MdM Switzerland support, MdM provided comprehensive health services, including primary healthcare; distribution of medications; sexual and reproductive health and rights services; distribution of dignity, hygiene and maternity kits; individual and group mental health and psychosocial support services; protection; case management; and support to secondary healthcare facilities.

MdM has set up mobile medical units to service remote areas and a safe space adapted for women and children to reach the most vulnerable people. The total number of healthcare consultations provided by MdM to earthquake-affected people exceeds 425,321. These were carried out via mobile medical units, primary healthcare clinics, and community centers.

ARMENIA

Since 2018, Médecins du Monde has been operating in Armenia, implementing risk-reduction programs targeting key and vulnerable populations.

Since the conflict in Nagorno-Karabakh (Artsakh) flared up again in 2021, MdM has been operating a capacity-building program for local partners. The program includes the training of professionals in GBV and mental health and psychosocial support (MHPSS) and an emergency preparedness program specific to psychosocial interventions. These experiences have helped MdM develop a firm understanding of the area's psychosocial needs.

On September 19, 2023, the attack launched by Azerbaijan killed at least 200 people and wounded 400, according to the authorities of the self-proclaimed Nagorno-Karabakh Republic.

The nine-month blockade from December 2022 had already led to the exodus of thousands of Armenians from Nagorno-Karabakh (Artsakh) to the Republic of Armenia, many of them women and children.

It's against this backdrop that MdM France, with support from MdM Switzerland, is implementing a cross-sectoral project to set up support centers to meet the health needs of displaced persons from Nagorno-Karabakh (Artsakh) and the Armenian host community. The project includes reception and orientation services for the displaced population, the provision of medical and psychosocial care, health education and promotion by nurses, and capacity building for personnel on GBV and MHPSS.

MOROCCO

Médecins du Monde Belgium has been working in Morocco since 2013, in collaboration with Moroccan civil society organizations. Their goal is to ensure access to healthcare services and protection for vulnerable migrants, especially in the Rabat and Oriental regions, with a focus on sexual and reproductive health rights.

Following the earthquake of September 8, 2023, which affected 2.8 million people and destroyed 59,674 homes, MdM Belgium, supported by MdM Switzerland, was able to act quickly on the ground and respond with its Moroccan partners to meet basic post-disaster needs.

In the Al Haouz and Taroudant regions, a multi-sectoral emergency approach was used to prioritize primary health-care, mental health, and psychosocial support in addition to basic needs. Shelter, food aid, and hygiene kits were supplied to help the affected people. The focus is now on restoring access to essential services for people in vulnerable situations, through close collaboration with local partners.

OUR ORGANIZATION

GENERAL ASSEMBLY

The General Assembly is the central body regulating the activities of Médecins du Monde Switzerland. It has decision-making power and is the sole body authorized to amend the organization's articles of association. It meets once per year.

THE BOARD

The Board is elected by the General Assembly. It elects the president, vice-president, treasurer and any other members of the Steering Council. The Board meets about 10 times a year, including once or twice a year for strategic meetings.

THE BOARD ELECTED AT THE GENERAL ASSEMBLY OF JUNE 22, 2023

Co-Presidents

Prof Antoine KERNEN, Steering Council member

Teacher and researcher at the Faculty of Social and Political Sciences of the University of Lausanne

Dr Laurent LOB, Steering Council member

Specialist in general internal medicine and in tropical and travel medicine

Vice-president

Ms. Justine HIRSCHY, Sociologist (PhD)

Steering Council member

Treasurer

Ms. Françoise JEANNERET, Lawyer, private guardian Steering Council member

- Dr. Cécile BASSI, Specialist in internal medicine and tropical medicine
- Dr. Cécile CHOUDJA OUABO, Physician, Swiss Medical Association (FMH) Pediatrician / Pediatric hematologist-oncologist
- Ms. Sandrine DESTOUCHES, Clinical psychologist, MA in Developmental Psychology
- Dr. Michel HUNKELER, Specialist in rheumatology, physical medicine, and rehabilitation
- **Dr. Frédérique JACQUÉRIOZ BAUSCH,** Specialist in tropical medicine
- Mr. Alexandre KAMAROTOS, Executive Director of Defence for Children International
- Ms. Nicole NIEDERBERGER, Nurse specialized in public health
- **Mr. John Orlando**, Social worker with a degree from HES (Swiss University of Applied Sciences), specialist in international cooperation and humanitarian aid
- Dr. Claude-François ROBERT, Swiss Medical Association (FMH) specialist in public health

HEADQUARTERS TEAM

Managing Director
Morgane ROUSSEAU

Human Resources Manager

Marie WITTWER PERRIN

Strategy Support Officer

Stefan BIGLER (from Apr. 1, 2023)

SUPPORT DEPARTMENT

International program support managers

Philippe COURTIAU (until Nov. 11, 2023)

Frank PETITJEAN

Diane ROSIER

Administration and Internal Control Officer

Emily LUCAS

Accountants (as service providers)

Fabrice BRACELLI
Carol CRETTAZ

INTERNATIONAL PROGRAMS DEPARTMENT

Department Manager

Constance THEISEN (until June 30, 2023)

Linh GROTH (from Sept. 1, 2023)

International Programs Managers

Stefan BIGLER (until March 31, 2023)

Daniel CALZADA (from Apr. 1, 2023)

Hortense DEVALIÈRE (since Apr. 1, 2023)

Linh GROTH (until Aug. 31, 2023)

Institutional Partnerships Manager

Elsa BETTENMANN

International Programs Junior Manager Noémie MAINDIAUX (until Sept. 15, 2023) Emma KOUYATÉ (from Sept. 16, 2023) Fundraising Junior Officer

Anaïs SALATI (until Aug. 31, 2023)

GBV Referent

Elena MELANI

Sexual and Reproductive Health and Rights Referent

Position shared with MdM Belgium

Stefania PARACCHINI

Security Referent - Position shared with the MdM network

Armando PALACIOS

SWISS PROGRAM DEPARTMENT

Department Manager

Nicolas MERCIER

Program and Support Manager

Laura MELLY (from Nov. 11, 2023)

Advocacy and Quality Manager

Programme Syni Associate

Malick GEHRI (from March 1, 2023)

COMMUNICATION AND FUNDRAISING DEPARTMENT

Department Manager

Antoine MORATA

Communication Officer

Christelle WÄLTI

Communication intern

Xavier STRAGIOTTI (from Feb. 1 to July 31, 2023)

Fundraising Officer

Léa CHAILLET

Partnership and Philanthropy Officer

Florence LACHENAUD

GENDER EQUALITY & HEALTH ALLIANCE

The "Gender Equality & Health Alliance" is made up of three Swiss non-governmental organizations: IAMANEH Switzerland, Médecins du Monde Switzerland, and Women's Hope International. The alliance proposed a joint program with SDC for the 2021-2024 period. This collaboration has taken the form of a joint international program helping to measure broader impact and to promote exchange of best practices at both the organization and program levels.

In 2023, the Alliance continued its commitment to fueling international exchanges and to helping shape international processes, which are important in the context of the "gender backlash" against women's rights. The participation of Alliance members at the WHO World Health Assembly in May 2023 exemplified the continued momentum begun in 2021. In 2023, the members of the Alliance participated in the development, in the various countries where it operates, of seven international standards, global policies, and political processes in the field of health and rights. In Benin, for example, MdM contributed to the first Francophone Youth Dialog on safe abortion in Africa, which brought together young people from 17 countries to examine the barriers to accessing essential SRHR services and to share innovative solutions.

In 2023, the Alliance supported 33 national initiatives and processes in 11 countries. In Albania, for example, the Alliance helped draft a law against digital violence, aimed at protecting women and girls online through actions by IAMENAH.

In 2023, the Alliance supported 52 new measures in 10 countries (39 strategies, 8 laws, and 5 policies). In Bosnia-Herzegovina, for example, 19 multi-sector protocols for protecting children against street exploitation have been formalized. One of these new measures is the "NOM046" standard in Mexico, which the Alliance is helping to implement to improve the treatment of cases of sexual violence in a hospital in Chiapas.

Finally, the year 2023 saw the establishment of a program for the strategic period 2025-2028 as well as the joining of a new member: FRIEDA, a feminist peace organization active in violence prevention and protection and in psychosocial and socio-economic strengthening.

1993-2023, 30 YEARS!

In 2023, Médecins du Monde celebrated 30 years of working with the most vulnerable people and 30 years of commitment in the field. To celebrate, we put on a unique exhibition at the Villa La Petite Rochette in Neuchâtel to highlight its work on the "I Don't Care" (On s'en fout) campaign which ran at the end of the year.



Five artists or collectives (Arthur Henry, Benoît Jeannet, Émilie Blaser, Hyperartistes, and Laure Gremion) each proposed their own artistic interpretation of MdM's "I Don't Care" campaign. The exhibition was an invitation to the public to reflect on our values and commitment. Médecins du Monde's battle has remained unchanged for three decades: health first, the rest we don't care about! Nearly 600 people visited the exhibition over a three-week period.



MESSAGE FROM THE TREASURER



The challenges for an organization like ours are unprecedented, as we face an international environment becoming ever more complex for us. However, the 2023 accounts were closed with a balanced final result. While this has been the case in previous years, the 2023 financial year was different in that it saw a sharp increase of over 30% in both expenses and income, which surpassed the CHF 10 million mark. This situation reflects the growth in our activities, especially in Benin, Haiti, and Ukraine, as well as the increase of almost CHF 2.2 million in institutional funding, acquired mainly through the Médecins du Monde network.

With income of over CHF 12.3 million (+38%) and operating expenses of CHF 11.3 million (+23%), the operating result was positive, with a surplus of over CHF 1 million. However, financial income and exchange gains of CHF 114,000 did not offset the financial expenses and exchange losses of CHF 236,000, leading to a negative financial result of CHF 122,000.

The increase in income to CHF 12.3 million can be explained mainly by funding of over CHF 3.3 million obtained from institutional partners through the Médecins du Monde international network. Unrestricted income of CHF 1.47 million came mainly from private donations and funding from foundations. An increase can be noted in private donations, which could be allocated directly to project funding.

In parallel to this growth in income, project costs increased to CHF 9.4 million (compared to CHF 7.5 million in 2022). These costs were for projects carried out in 10 countries; the projects carried out in Turkey, Syria, Madagascar, and Morocco in partnership with Médecins du Monde international network associations, which have operational

responsibility there; and the projects carried out in Switzerland. The growth in project costs was accompanied by an increase in support costs to ensure the quality of operations monitoring. In addition, a special effort was made in 2023 to boost communication and fundraising – an effort that will be stepped up over the next few years.

The balance sheet total is up sharply over 2022, reaching CHF 9.3 million (CHF 4.4 million in 2022). This extraordinary growth is the result of the transfer of all the assets of a private fund, in the form of securities amounting to CHF 2.2 million, plus transitional assets of over CHF 2 million (the securities equivalent to this sum having been transferred in January 2024). This private fund had financed the various projects we've carried out for some 10 years up to 2023, in the form of unrestricted income. The Board created a development reserve of CHF 4.1 million to safeguard and manage the progressive use of this exceptional income. This reserve will help support our 2025-2028 strategy.

On the liabilities side, restricted funds increased from CHF 1.8 million to CHF 3 million, due to the receipt at the end of the year of substantial funding for the upcoming years and to some delays in implementation due to the complications presented by certain situations (e.g. Palestine and Haiti). A reserve of CHF 300,000 for financing risks has been set aside. It replaces the projects reserve, which amounted to CHF 54,000 in 2022. All in all, MdM Switzerland's equity reached CHF 5.6 million (CHF 2.6 million in 2022), making us stronger to face complex external challenges and ensure healthy financial development.

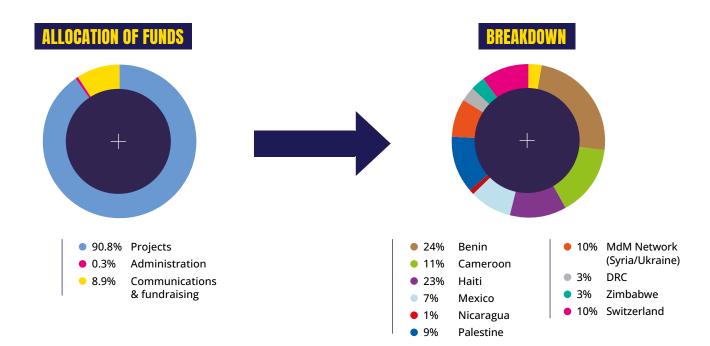
SOURCE & ALLOCATION OF FUNDS

SOURCE OF FUNDS



- corporate donors
- 12% Foundations
- 18% Swiss Solidarity

- 18% Swiss Confederation
- 13% Swiss cantons and municipalities
- 33% Donors in countries of operation
- 1% Other donors



BALANCE SHEET

IN CHF	DEC. 31, 2023	DEC. 31, 2022
ASSETS	9,331,101.36	4,425,387.14
Current assets	6,388,833.24	3,605,370.55
Cash and cash equivalents	1,977,810.11	2,025,694.87
Cash and cash equivalents (headquarters)	1,524,127.98	1,210,792.53
Cash and cash equivalents (field)	453,682.13	814,902.34
Receivables	2,007,911.60	1,492,857.08
Donor receivables	534,060.40	665,483.68
Other receivables	1,473,851.20	827,373.40
Prepaid expenses / Deferred charges	2,403,111.53	86,818.60
Fixed assets	2,942,268.12	820,016.59
Financial assets	2,942,265.12	820,013.59
Tangible assets	3.00	3.00
LIABILITIES	9,331,101.36	4,425,387.14
External liabilities	3,679,337.29	2,767,968.56
Short-term liabilities	653,940.18	914,580.94
Current liabilities	429,888.78	552,905.42
Accrued liabilities / Deferred income	224,051.40	361,675.52
Restricted funds	3,025,397.11	1,853,387.62
Equity	5,651,764.07	1,657,418.58
Initial capital of the organization	213,942.46	213,942.46
Restricted reserves	4,566,156.94	152,838.15
Unrestricted reserves	871,664.67	1,290,637.97
General reserve	871,664.67	1,290,637.97

OPERATING ACCOUNT

IN CHF	2023	2022
Revenue	12,338,389.31	8,937,556.00
Restricted revenue	10,866,192.14	7,570,167.38
Unrestricted revenue	1,472,197.17	1,367,388.62
Operating expenses	11,282,681.07	9,133,412.59
Project expenses	9,392,672.03	7,521,362.32
Program support expenses	857,639.76	745,007.61
Organizational operating expenses (MdM Switzerland)	31,589.07	35,105.46
Communication and fundraising expenses	1,000,780.21	831,937.20
Operating result	1,055,708.24	-195,856.59
Financial result	-122,090.82	-258,270.08
Extraordinary result	4,319,474.02	-60,968.79
Annual result before change in restricted funds	5,253,091.44	-515,095.46
Change in restricted funds	-1,258,745.95	129,000.54
Annual result before allocation / use of reserves	3,994,345.49	-386,094.92
Changes in reserves decided by the Committee	-3,994,345.49	386,094.92
Annual result before allocation / use of reserves	0.00	0.00

ACKNOWLEDGMENTS

PRIVATE DONORS

We warmly thank our **4,696 PRIVATE DONORS** who supported our activities in 2023.

INSTITUTIONAL FUNDERS

Australian Embassy in Zimbabwe, Global Affairs Canada (GAC), Belgian Development Agency (ENABEL), USAID Bureau for Humanitarian Assistance (BHA), USAID Bureau of Population, Refugees, and Migration (BPRM), Office for the Coordination of Humanitarian Affairs (OCHA), Swiss Solidarity, Crisis and Support Centre of the French Ministry for Europe and Foreign Affairs of France (CDCS), European Commission Directorate-General for European Civil Protection and Humanitarian Aid Operations (ECHO), German International Cooperation (GIZ), Swiss Agency for Development and Cooperation (SDC), United Nations Children's Fund (UNICEF), United Nations Population Fund (UNFPA), Government of Navarre, United Nations Office of the High Commissioner for Refugees (UNHCR), German Federal Ministry for Economic Cooperation and Development (BMZ), International Organization for Migration (IOM), Sahel Women's Empowerment and Demographic Dividend Project (SWEDD).

CANTONS, MUNICIPALITIES, AND CITIES

City of Geneva, City of Neuchâtel, Canton of Geneva (ISS), Canton of Graubünden, Canton of Thurgau, City of Grand-Saconnex, Municipality of Jussy.

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Headquarters Rue du Château 19 2000 Neuchâtel, Switzerland

Geneva Office Rue de Cornavin 11 1201 Geneva, Switzerland

+41 (0) 32 725 36 16 info@medecinsdumonde.ch

CCP 12-16 220-6 IBAN CH64 0900 0000 1201 6220 6



www.medecinsdumonde.ch